

STARS 'N' STRIPES

THE RESIDENT NEWSPAPER OF THE IOWA VETERANS HOME

By the residents, for the residents.

MISSION STATEMENT:

"To disseminate information regarding veterans care, entertainment and goodwill."

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Marshalltown, Iowa 50158

A TRIBUTE TO THE FLOATING DRYDOCK MAN

By: Ensign C.H. Marshall, USN/South Pacific 1845

Songs have been written about the Seabees About Flyers and Carriers and Merchant Marine With heroic effort they help win the war But on of the unsung hero you've not heard before. He works from early morn on into the night Battle damage to repair with an arm of might His glory is little as he gives every bit To help win the battle against the Nips.

Shell and torpedo leave destruction in their wake Reefs and tornado their part must take So the man on the Drydock his laurels do make Returns them to battle in the finest of shape. He's new to the Navy was born in this war They shipped him to oceans he'd n'er seen before taking up his station with hammer in hand he fights like a trooper in some distant land.

He docks them and floats them with the greatest of ease Returns them to battle and with Godspeed They bomb out the rats shell from offshore So the man

on the Drydock feels pride once more.

Tho' his laurels are not many, ribbons out of his class He fights on the fervor his die he hath cast When this conflict has ended in victory we grant His service to his country he feels is well spent. he seeks not recognition. To fame he holds no claim But the trails he has run will not have been in vain With foresight and wisdom new battles he doth meet May God grant him mercy, he can stand on his feet. When new songs are written and sung o'er the land We hope you'll remember this lad as he stands With banner unfurled with pride in his land And sing a few praises for the Drydock man.



Figure 8.7 USS Iowa in ABSD-2, 28 December 1944.

A Letter of Greetings to the Tribute of the Drydock Man

February 12, 2011

Greetings:

This writing by Ensign C.H. Marshall, USN South Pacific 1954.

I keep thinking these words of tribute to the Drydock Man would make a good ballad (Lyrical). The one song that always caught my attention or ear. It is a story, a very haunting story told about people that live, work and die aboard ships. The ship called the S.S. Edmund Fitzgerald had a full load of ore that it was hauling (I believe) from Duluth, Minnesota to Detroit, Michigan via Lake Superior and Lake Huron. On June 08, 1958 this ship was caught in a bad gale storm about 17 miles from the entrance to Whitefish Bay, Michigan. (That is about as far North as you can get on the United States main land). I have been there and I took a picture of the Light House that is still in operation and that year was 1998.

Now back to the story about the ship, S.S. Edmund Fitzgerald, they continued to send out S.O.S. radio calls until it sank, all 29 hands and the captain went down with the ship. It is a very haunting true story. There is a memorial building there at Whitefish Bay and they have sal-

vaged parts of the ship, like the bell, the compass, etc. Now that I am old I do a lot of thinking. One favored escapes for me is listening to sound recordings that were popular back in the nineteen forties and fifties.

So, the other day I was playing some of sound tapes and the thought came to me about the ship, S.S. Edmund Fitzgerald. And, that thought made me think of the U.S.S. ABSD-1 (Section C Sinking) (Deemed a casualty of war.) The U.S.S. ABSD-1 was the first of six floating dry docks built for the Navy, World War II. It's location was at Espirito Santo, New Hebrides Islands, South Pacific. I do not know if that section of Drydock-1 and the thirteen men are still at the bottom of forty-five fathoms of ocean (270 feet of water). If you know of such a person or persons that can blend music to a story (Lyrical) like that of, " A TRIBUTE TO THE FLOATING DRYDOCK MAN". I would like to know of this person or persons so I can contact them. To get this story told now while a few of us DRYDOCK Sailors are still alive. That would make my day.

Owen E. Conley

Marshalltown, Ia. 50158-3966

Auditions for the IVH
9th Annual Don Laughlin
Music Festival
will be held in July

**Residents, family members,
friends and staff are
encouraged to participate**

Call x4330 now to set up a time!!



Statehouse Issues



*By Mark Smith,
State Representative*

Dear Friends at IVH:

I want to begin by saying how much I enjoyed seeing so many of you at the Memorial Day ceremony. This past year, I came into possession of the *Des Moines Register* from Memorial Day, 1945. Reviewing it caused me to think of what a difficult and trying time that was. There was much relief and joy that the war in Europe was finally over. Earlier that month, President Truman had announced that the German Army was defeated and a full and complete surrender had occurred. Yet, the nation was still engaging in a difficult and what appeared to be a long struggle in the Pacific. Japan was giving no indication that they were ready to surrender.

I would imagine that at the 1945 Iowa Veterans Home ceremony, there was much praise that the Allied Forces had been successful in Europe and

strong desires for the war in the Pacific to end soon.

Once again, we gathered at IVH in hopes that war will soon be over. The men and women of this great nation continue to make sacrifices for the peace and well being of all people. Certainly, our current military members were remembered at the IVH Memorial Day ceremony. I'll be heading back to Des Moines this month to finish up the budget for fiscal year 2012. I will continue to promote the availability of as many services as possible for you living at IVH.

Best wishes. I plan to be out to see you for a town hall meeting on June 27.

-Mark



Who is who?

Submitted by John Madden, M2N

1. Who shot Jesse James in the back?
2. Who was the first republican presidential candidate to carry Georgia?
3. Who was the English Sea Captain to defeat the Spanish Armada in 1588?
4. Who was the Oklahoma cowboy who created steer wrestling in rodeo?
5. Who was the president who served the shortest time in office and died after only one month in office?
6. Who was the Revolutionary war Navy Captain who defeated the English?
7. Who wrote "The Charge of the Light Brigade?"
8. Who was the northern Civil War General who



led the march through Georgia?

9. Who was the Marine who helped raise the flag over Iwo Jima, and died drunk in a gutter in 1955?

10. Who was the bloody Red Baron of Germany in WWI?

Answers:

Robert Ford

Barry Goldwater

Sir Francis Drake

William Pickett

William Henry Harrison

John Paul Jones

Alfred Lord Tennyson

William T. Sherman

Ira Hayes

Baron Von Richthofen

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Midwest Phrases

By Ken Wilson

Midwest Phrases is obtained from the book, "A Hog On Ice".

This week's phrase is **"to beat the band"**

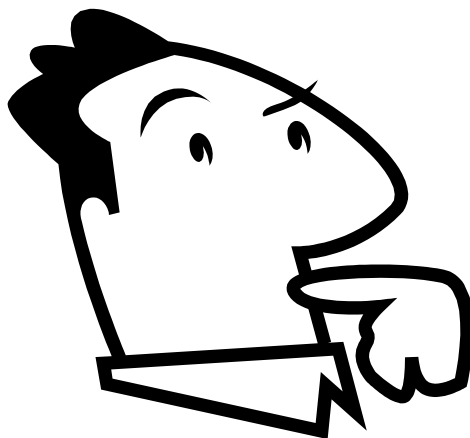
This saying has become so trite as to be employed for almost any element or of any superior accomplishment or achievement; as, Well if that doesn't beat the band! or, She cooks to beat the band; or, The baby yelled to beat the band. The expression isn't very old; at least, no literary record of it has been dug up earlier than fifty years ago, but, probably because of its enticing alliteration, it has acquired great general use in the United States.

Its origin seems to have been literal, a desire to arrive at some spot before a band of musicians leading a parade had passed that spot, thereby enabling one to see the entire parade. Sometimes one had to whip up one's horses to get there, or, if a small boy, run on the wings of the wind, but the later pleasure made haste worth while.



Thinking Out Loud

1) Construction, construction, construction, construction-HELP!



2) Pretty soon we will need to build a parking ramp as all our lots will be gone and we can only go upwards.

3) While sitting in the Atha Dining Facility eating supper I noticed that the new speed bump just west of Malloy does not stop some people with new cars and good suspensions. I guess they must enjoy having their front and rear end of their cars realigned often plus purchasing new shock absorbers every 6 months!

4) One of the motorcycles here the other day had a small video camera mounted in front of the windshield. The rider videos parts of the trip and can narrate it on the move. Very neat idea.

Farmin' Like It Used To Be

By Ken Wilson

SALESMEN

When I was shopping at Thiesen's the other day I saw a display for Raleigh Products. It reminded me of the salesmen that used to stop at rural houses when we lived on the farm. Raleigh Products were noted for their various spices especially their real vanilla that all good cooks used and kept several bottles of so they never ran out. Another company that used door to door salesmen and had similar quality products was the Watkins man. I believe you see them on display at the State Fair now a days.

Schwan's Ice Cream which has a warehouse in Marshalltown was always noted for their good ice cream products and stopped once a week. Another once a week truck was the Mary Jane Bread Co. from Ottumwa I believe. We would always purchase their jelly rolls or glazed donuts to take out to the barn at milking time.

In the non-food line I remember the Electrolux company salesmen who stopped by periodically. My mother had an Electrolux sweeper so she needed to purchase disposable bags for it.

Having written this column since 2004 I am in need of new ideas. Feel free to call or stop in with your farming subject ideas. Thanks

Where are these versus in the Bible?

Submitted by John madden, M2N

How to deal with anxiety

Where Moses told the Jews not to follow Pagan practices.

Tell the truth about astrology

Ten Commandments

Flood of Noah

The Lord's Prayer

Prodigal Son

Golden Rule

Answers:

Matthew 6:25-34

Deuteronomy 18:9-22

Daniel 2:27-28 and Isaiah 47:12-14

Exodus 20:1-17

Genesis Chapters 6 through 9

Matthew 6:9-15

Luke 15:11-32

Matthew 7:12

Horse Quiz

Submitted by John Madden, M2N

1. Who wrote "Black Beauty?"
2. Who wrote "King of the Wind?"
3. What is the oldest breed of horse?
4. What is an adult male horse called?
5. What is the adult female horse called?
6. What is the baby horse called?
7. What is the male baby horse called?
8. What is the female baby horse called?
9. What horse breed originated from Vermont?
10. What 2 horse breeds are named after states?
11. What breed of horse originated in Scotland?
12. What breed of horse originated in France?
13. What is a wild horse called?
14. What is untamed rage horse called?
15. What nationality of people brought the first horse to America?
16. What is a horse with a coffee and cream color called?
17. What is a horse with a solid color with spots on it called?
18. What is a horse with a solid color with spots on the rear end called?



Answers:

1. Anna Sewell
2. Marguerite Henry
3. Arabian
4. Stallion
5. Mare
6. Foal
7. Colt
8. Fillie
9. Morgan
10. Missouri Fox Trotter and Tennessee Walking Horse
11. Clydesdale
12. Percheron
13. Mustang
14. Bronco
15. Spanish
16. Palomino
17. Pinto
18. Appaloosa

Nutritionally Correct

By Jane Linnenbrink RD/LD

On June 2, 2011, First Lady Michelle Obama and Agriculture Secretary Tom Vilsack unveiled the federal government's new food icon, *MyPlate*. The intent of this new icon is to prompt consumers to think about building a healthy plate at meal times. The new *MyPlate* icon emphasizes the fruit, vegetable, grains, protein, and dairy food groups.

"With so many food options available to consumers, it is often difficult to determine the best foods to put on our plates when building a healthy meal," said Secretary Vilsack. "*MyPlate* is an uncomplicated symbol to help remind people to think about their food choices in order to lead healthier lifestyles. This effort is about more than just giving information; it is a matter of making people understand there are options and practical ways to apply them to their daily lives."

MyPlate will replace the *MyPyramid* image as the government's primary food group symbol as an easy-to-understand visual cue to help consumers adopt healthy eating habits consistent with the *2010 Dietary Guidelines for Americans*.

The messages that *MyPlate* is intended to convey are:

Balancing Calories

Enjoy your food, but eat less

Avoid oversized portions

Foods to Increase

Make half your plate fruits and vegetables

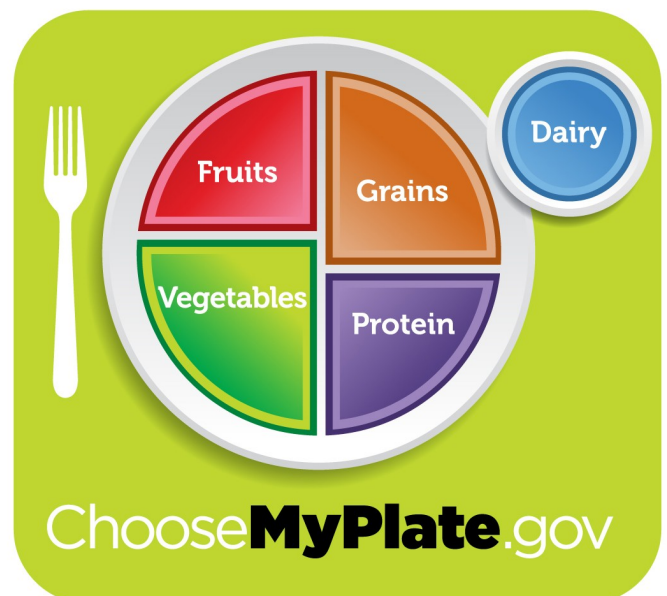
Make at least half your grains whole grains

Switch to skim or 1% milk

Foods to Reduce

Compare sodium in foods like soup, bread, and frozen meals—and choose the foods with lower numbers

Drink water instead of sugary drinks



What's New In The Peterson Library

Our newest additions!

Books

44 Charles Street, by Steel, Danielle
Anatomy of Ghosts, The, by Taylor, Andrew
Caveat Emptor, by Downie, Ruth
Chasing Fire, by Roberts, Nora
Cold Shot to the Heart, by Stroby, Wallace
Fiber & Brimstone, by Childs, Laura
I'll Walk Alone, by Clark, Mary Higgins
Jenna's Cowboy, by Gillenwater, Sharon
Miles to Go, by Evans, Richard Paul
Once Upon a Time, There Was You, by Berg, Elizabeth
Power Down, by Coes, Ben
Save Me, by Scottoline, Lisa
Sing You Home, by Picoult, Jodi
Sixth Man, The, by Baldacci, David
These Things Hidden, by Gudenkauf, Heather
Toys, by Patterson, James / McMahon
Water For Elephants, by Gruen, Sara
What's Cooking?, by Woods, Sherryl

Audio Books on CD

Alex Cross's TRIAL, by Patterson, James / DiLallo,
Alone, by Gardner, Lisa / Graham, Holter
Bancroft Strategy, The, by Ludlum, Robert / Sowers, Scott
Cross, by Patterson, James / Fernandez,
Cross Country, by Patterson, James / Fernandez,
Cross Fire, by Patterson, James / Braugher,
Damage, by Lescroart, John / Colacci, David
déjà vu, by Michaels, Fern / Merlington,
Deliver Us from Evil, by Baldacci, David / McLarty, Ron
Double Cross, by Patterson, James / Fernandez,
Heat Lightning, by Sandford, John
Hotel on the Corner of Bitter and Sweet, by Ford, Jamie / Chin, Feodor

Cont'd on page 11

Peterson Library Cont'd

Cont'd from page 10

Hunt Club, The, by Lescroart, John / Barry, Guerin
 Lincoln Lawyer, The, by Connelly, Michael / Grupper
 Live Wire, by Coben, Harlan / Weber, Steven
 Love You More, by Gardner, Lisa / Potter, Kirsten /
 Strategic Moves, by Woods, Stuart / Roberts, Tony
 Tick Tock, by Patterson, James / Ledwidge,
 Toys, by Patterson, James / McMahon,
 Witch & Wizard, by Patterson, James / Rust, Ned

DVDs

Avenging Angel
 Beyond the Law
 Casino Jack
 Country Strong
 Days that Shook the World #1
 Days that Shook the World #2
 Days that Shook the World #3
 Dilemma, The
 Faster
 Flying Tigers
 Green Hornet, The
 Hereafter
 I Am Number Four
 Inside Hurricane Katrina
 Japan's Killer Quake
 Morning Glory
 Next Three Days, The
 Notebook, The
 Skyline
 Tornado Alley

Raffle Winners

Here are the winners of the Resident Council Raffle; they each received a Wal-Mart Gift Card.

Congratulations to all!

\$100	Shannon Otto
\$50	Mike Croskey
\$50	Letha Foreman
\$25	Marilyn Veenstra
\$25	Gary Banzhaf
\$20	Kim Marsh
\$20	Betty Bryant
\$20	Marvin Johnson
\$20	Betty Decker
\$20	Leland Haines

Improving Your Vocabulary

1. **lemma**

2. **lucuma**

3. **lacinia,**

Answers on the back page

2011 Memorial Day Highlights ...



photos taken by bill eilers

Gerhardt's Humor

Ways to annoy people

Push all the flat Lego pieces together tightly.

Practice making fax and modem noises.

At the Laundromat, use one dryer for each of your socks.

Change channels five minutes before the end of every show.

Leave your turn signal on for fifty miles.



That Gerhardt is a riot...

Quiet Reflections



photo taken by bill eilers

Answers to **Improving Your Vocabulary**

1. **Assumption** for sake of argument or the lower bract of a grass floret.
2. **An American** genus of sapotaceous trees bearing sweet and edible fruits.
3. **A narrow, linear-elongate lobe** of a foliose lichen, often arising from the primary lobes. pl. laciniae..

Editor-in-Chief: Ken Wilson

Managing Editor: Bill Eilers

Circulation Manager/Photos/Cartoonist: Bill Eilers

Contributing Writers: Ken Wilson, Rep. Mark Smith, and various IVH staff

News: 641-752-1501, ext. 2794. You can email us at
ivhstarsnstripes@yahoo.com Or leave a message on the comment line ext. 2777



**In three words I can sum up
everything I've learned about
life: it goes on. Robert Frost**

